



19 days until Spring!
Stay healthy.

Health News Update

New Care Management Plans

Children and adolescents are generally healthier than adults; however, approximately 13 – 23 percent of adolescents experience chronic illnesses, special health care needs, and/or disabilities. These chronic or disabling illnesses include asthma, learning disabilities, attention deficit disorders, obesity, diabetes, hypertension, sickle cell disease, seizure disorders, hemophilia, HIV/AIDS, congenital heart disease and others.

Health care providers have developed case management plans in order to help clinicians and patients better understand their conditions and provide a systematic approach for the treatment of these health conditions. The goals of case management are to:

- improve access to prevention and treatment services including necessary prescription drugs
 - improve coordination of services and communication between the patient and the health care provider
 - improve health care providers performance through feedback and monitoring the patient's progress and adherence with protocols
 - improve patient self-care through patient education, monitoring, and feedback
- In Job Corps we know that chronic or disabling illnesses have a major impact on employability as well as morbidity and mortality of Job Corps students. PRH-6: 6.10, R1 (b4) states:

“Students identified as having chronic health problems during the cursory or entrance physical shall be monitored as directed by the center physician or other appropriate center health care provider.” Chronic care management plans are tools that have been developed to provide a systematic approach for the treatment of these chronic or disabling illnesses. These plans are available at: <http://jchealth.jobcorps.gov/health-topics/hcg/ccp/ccp>

References:

2004 National Healthcare Quality Report (NHQR) and National Healthcare Disparities Report (NHDR) <http://www.ahrq.gov/qual/nhqrchild/nhqrchild.htm>

<http://grants2.nih.gov/grants/guide/pa-files/PA-03-159.html>

New on the Web

Make your plans. The 2007 National Health and Wellness Conference registration is available: <http://jchealth.jobcorps.gov/conferences/registrations>

Four new directives have been posted:*

IN 06-17 Chronic Care Management Plans

PI 06-19 Posting the OSHA Form 300A

IN 06-19 National Health and Wellness Conference

IN 06-20 Regional Disability Coordinators

* Visit the Health and Wellness Homepage to link to these documents: <http://jchealth.jobcorps.gov/>

Beware of Noroviruses

Noroviruses, often referred to as “stomach flu” or nondescript “food poisoning”, are striking with a vengeance this winter. Gaining press from recent cruise ship epidemics, noroviruses may soon arrive at a Job Corps center near you.

Noroviruses cause gastroenteritis, an inflammation of the stomach and small and large intestines. Students who come into the Health and Wellness Center

(HWC) complaining of vomiting, diarrhea, and abdominal cramps may be suffering from a norovirus. These unpleasant symptoms can be transmitted through food or human-to-human contact. Up to half of all food-related illnesses can be attributed to noroviruses. Symptoms usually appear abruptly and last for 1-2 days. A person may be contagious for up to 3 days before symptoms develop and up to 2 weeks after they start to feel better.

As with any contagious virus, germ-fighting precautions must be taken to stop the disease from spreading throughout the close quarters often found on Job Corps centers. It is often necessary to launch a mini epidemiological investigation to determine the route of infection.

Continue reading online at: <http://jchealth.jobcorps.gov/health-topics/imm-cdc/imm-cdc-na/noroviruses>

